



COVID-19

Protect yourself and loved ones



Help prevent the spread of respiratory diseases like COVID-19

WASH YOUR HANDS

Wash your hands with soap and warm water regularly.



COVER A COUGH OR SNEEZE

Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hand afterwards.



DON'T TOUCH

Avoid touching eyes, nose or mouth, especially with unwashed hands.



KEEP YOUR DISTANCE

Avoid close contact with people who are sick



STAY HOME

If you experience respiratory symptoms like a cough or fever, stay home.



GET HELP

If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider.



CAUTION

MAINTAIN

**SOCIAL
DISTANCING**



DISTANCE FROM OTHERS

COVID-19 SAFETY MEASURES



Wash Hands Thoroughly



Use Soap or Hand Sanitizer



Keep Safe Distance from Other People



Stay at Home if Possible



Use Face Mask or Respirator



Avoid Large Crowds



Do Not Meet Infected or Sick People



Do Not Touch Your Face esp. Mouth, Eyes, Nose



Do Not Travel Unless Necessary



Do Not Touch The Front Part of a Mask

How to properly wear a mask





**NO ENTRY
WITHOUT
FACE MASK**

Please Check Your Temperature before Entering Institute



"Please follow the above Instructions"